

# 2014

# COME FOLLOW ME CURRICULUM

## January: The Godhead

### *Young Men/Young Women*

What do we know about the nature of the Godhead?  
How can I know my Heavenly Father?  
Why is Jesus Christ important in my life?  
What are the roles of the Holy Ghost?  
Who am I, and who can I become?

### *Sunday School*

How does the Holy Ghost help me learn?  
How can studying the scriptures help me learn about Heavenly Father?  
How can I help others learn about Heavenly Father?  
How can I learn to see Heavenly Father's hand in all things?  
How does the Holy Ghost help me teach the Gospel?

## February: The Plan of Salvation

### *Young Men/Young Women*

What is the plan of salvation?  
What happened in the premortal life?  
What is the purpose of life?  
Why do the choices I make matter?  
Why do we have adversity?  
How can I find comfort when someone I care about dies?  
Why should I treat my body like a temple?  
What is my role in fulfilling Heavenly Father's plan? (Young Men lesson)

### *Sunday School*

Why is learning an important part of Heavenly Father's plan?  
Why is teaching the gospel important in the plan of salvation?  
What is the role of agency in learning the gospel?  
How can I help others participate in learning?  
How can I use church music to learn about the plan of salvation?  
How can I help others understand the doctrine of Christ?

## March: The Atonement of Jesus Christ

### *Young Men/Young Women*

What is the Atonement of Jesus Christ?  
What does it mean to have faith in Jesus Christ?  
How can repentance help me every day?  
What is grace?  
Why do I need to forgive others?  
What is the Resurrection?  
How can the Atonement help me during my trials?

### *Sunday School*

How can I use the words of living prophets and apostles to strengthen my faith in the Atonement?  
What can the scriptures teach me about the Atonement of Jesus Christ?  
How can the Book of Mormon help me strengthen my faith in the Atonement?  
How can relying on the Savior's grace help me become a better teacher?  
How can I use comparisons to teach others about the Atonement?

## April: The Apostasy and Restoration

### *Young Men/Young Women*

Why was a restoration necessary?  
Why do we need a Book of Mormon?  
How was the Priesthood restored?  
What was Joseph Smith's role in the restoration?  
Why is the first vision important?

### *Sunday School*

What does Joseph Smith's example teach me about learning the gospel?  
How can I recognize the difference between truth and error?  
Why is it important to teach pure doctrine?  
How can I like the events of the Apostasy and Restoration to my life?  
How can I explain the Apostasy and Restoration to others?

## May: Prophets and Revelation

### *Young Men/Young Women*

Why is it important to listen to and follow living prophets?  
How do I receive personal revelation?  
How can I make my prayers more meaningful?  
Why is it important for me to study my scriptures?  
How can I strengthen my testimony?  
How can a patriarchal blessing help me?

### *Sunday School*

What can I learn from living prophets and apostles?  
How can I improve my scripture study?  
How does reverence help me receive revelation?  
What does it mean to bear testimony?  
What can I learn from President Monson about following the Spirit?

## June: Priesthood and Priesthood Keys

### *Young Men/Young Women*

What is the Priesthood?  
What are the duties of Priesthood holders?  
What are the keys of the Priesthood?  
How does the Priesthood bless me?  
How do I honor and uphold the Priesthood?

### *Sunday School*

How can I participate effectively in councils of the Church?  
How do women and Priesthood holders work together to build the Kingdom of God?  
Why is it important to follow the counsel given by Priesthood leaders?  
How can using scripture study skills help me learn about the priesthood?  
How can I use stories to teach others about the priesthood?

## July: Ordinances and Covenants

### *Young Men/Young Women*

Why are ordinances important in my life?  
Why are covenants important in my life?  
What covenants did I make at baptism?  
How do I receive the gift of the Holy Ghost?  
Why are temple ordinances important?  
What does it mean to take upon myself the name of Jesus Christ?

### *Sunday School*

What spiritual truths can I learn from the ordinances of the Gospel?  
How can I deepen my understanding of covenants?  
How can I make the sacrament more meaningful to me?  
How do I keep my covenant to always remember the Savior?  
How can I prepare to receive temple ordinances?

## August: Marriage and Family

### *Young Men/Young Women*

Why is family important?  
Why is temple marriage important?  
Why is chastity important?  
What are the Church's standards regarding dating?  
How can I prepare now to become a righteous wife and mother?  
How can I prepare now to become a righteous husband and father?  
How do the roles of men and women complement each other in families?  
How can I strengthen my family?

### *Sunday School*

How will keeping a journal bless me and my family?  
Why is it important to learn about my family history?  
How can I teach others how to do family history work?  
How can I explain the importance of marriage and families to others?  
What opportunities are there for learning and teaching in the home?

## September: Commandments

### *Young Men/Young Women*

How can I be in the world but not of the world?  
How do I guard my virtue?  
How do the things I say affect me and those around me?  
Why do we fast?

Why are we commanded to keep the Sabbath day holy?

Why is it important to be honest?

Why do we pay tithing?

### *Sunday School*

How do the commandments help me become more like Heavenly Father?  
How can I help others understand my standards?  
How does keeping the commandments affect my ability to learn the gospel?  
How can I inspire others to keep the commandments?  
What blessings does Heavenly Father promise if I keep the commandments?

## October: Becoming More Christlike

### *Young Men/Young Women*

How can I become more Christlike?  
How can I develop Christlike love?  
How can I be more Christlike in my service to others?  
How can I learn to be more patient?  
Why is it important to be grateful?

### *Sunday School*

How can I invite others to be more like the Savior?  
How can I show love for those I teach?  
How did the Savior compare gospel truths to familiar objects and experiences?  
How can I use the scriptures to help others become more Christlike?  
How can I use questions effectively as I teach?  
How can I learn about gospel learning from the Savior?

## November: Spiritual and Temporal Self-Reliance

### *Young Men/Young Women*

What does it mean to be self-reliant?  
Why is it important for me to gain an education and develop skills?  
Why is work an important gospel principle?  
Why does the Lord want me to be healthy?  
What is the Lord's way for providing for the poor and needy?  
How can I find solutions to my challenges and problems?

### *Sunday School*

How can I become spiritually self-reliant?  
How can I find answers to my own gospel questions?  
How can I learn to make my own decisions?  
How can setting goals help me become self-reliant?  
How can I prepare to be financially self-reliant?

## December: Building the Kingdom of God in the Latter Days

### *Young Men/Young Women*

What does it mean to "stand as a witness of God"?  
How does Heavenly Father want me to use my spiritual gifts?  
How can I prepare to establish a Christ-centered home?  
What can I do to help new members of the Church?  
How can I help my less-active friends who return to church?  
What is Zion?

### *Sunday School*

How can I learn to serve more effectively in the Church?  
How can I become a better leader?  
How can I become a better teacher?  
What are effective ways to share the gospel with others?  
How can I understand the symbols used to teach about the second coming?  
What can I learn about the scriptures to help me prepare for the Second Coming?